

**COMPARISON OF "MULTIVITAMIN" PREPARATIONS**

	ORAL SOLID				
	MULTI-VITAMIN TAB	CENTRUM FORTE <sup>1</sup> TAB	CENTRUM SELECT <sup>1</sup> TAB	Z-BEC TAB	REPLAVITE/RENAVITE TAB (renal)
VITAMIN A	5000 units	1000 units	1000 units		
BETA-CAROTENE		3000 units	3000 units		
THIAMINE (B <sub>1</sub> )	1.5 mg	2.25 mg	2.25 mg	30 mg	1.5 mg
RIBOFLAVIN (B <sub>2</sub> )	1.7 mg	3.2mg	3.2 mg	10mg	1.7mg
NIACINAMIDE	20 mg	15 mg	15 mg	20 mg	20 mg
PANTOTHENIC ACID		10 mg	10 mg	25 mg	10 mg
PYRIDOXINE (B <sub>6</sub> )	2 mg	5 mg	8 mg	10 mg	10 mg
VITAMIN B <sub>12</sub>	6 mcg	20 mcg	25 mcg	25 mcg	6 mcg
BIOTIN		45 mcg	45 mcg		300 mcg
VITAMIN C	60 mg	90 mg	90 mg	600 mg	100 mg
VITAMIN D	400 units	600 units	600 units		
VITAMIN E	10 units	50 units	75 units	45 units	
VITAMIN K <sub>1</sub>		25 mcg	25 mcg		
FOLIC ACID	0.1 mg	0.6 mg	0.6 mg	0.5 mg	1.0 mg
IRON		10 mg	4 mg		
CALCIUM		200 mg	200 mg		
PHOSPHOROUS		125 mg	125 mg		
IODINE		0.15 mg	0.15 mg		
MAGNESIUM		50 mg	50 mg		
COPPER		1 mg		3 mg	
MANGANESE		5 mg	5 mg		
POTASSIUM		80 mg			
CHROMIUM		35 mcg	100 mcg		
MOLYBDENUM		45 mcg	45 mcg		
SELENIUM		55 mcg	55 mcg		
ZINC		7.5 mg	3 mg	23.9 mg	

<sup>1</sup>also contains lutein 500 mcg, lycosene 600 mcg

**COMPARISON OF "MULTIVITAMIN" PREPARATIONS cont'd**

	ORAL LIQUID		PARENTERAL		
	INFANTOL (10 mL)	MALTEVOL -12 (15 mL)	MULTI-1000 (MVI) (10 mL)	MULTI-12 (10 mL) (TPN Use)	NEO-BEX (1 mL)
VITAMIN A	3200 units	2000 units	10,000 units	3300 units	
THIAMINE (B <sub>1</sub> )	2.5 mg	1.5 mg	45 mg	3 mg	50 mg
RIBOFLAVIN (B <sub>2</sub> )	4 mg	1 mg	10 mg	3.6 mg	7.5 mg
NIACINAMIDE	20 mg	10 mg	100 mg	40 mg	75 mg
PANTOTHENIC ACID			26 mg	15 mg	10 mg
PYRIDOXINE (B <sub>6</sub> )	2.4 mg	1 mg	12 mg	4 mg	2 mg
VITAMIN (B <sub>12</sub> )		4.7mcg		5 mcg	Also contains Lidocaine 2%
BIOTIN				60 mcg	
VITAMIN C	160 mg		1000 mg	100 mg	
VITAMIN D	800 units	133 units	1000 units	200 units	
VITAMIN E		8.3 units	10 units	10 units	
FOLIC ACID				0.4 mg	
IRON		11.25 mg			
ETHANOL		16%			
CALCIUM					
PHOSPHOROUS					
IODINE					
MAGNESIUM					
COPPER					
MANGANESE					
POTASSIUM					
CHROMIUM					
MOLYBDENUM					
SELENIUM					
ZINC					