

COMPARISON OF "MULTIVITAMIN" PREPARATIONS

	ORAL SOLID		
	MULTI-VITAMIN TAB	Z-BEC TAB	REPLAVITE/RENAVITE TAB (renal)
VITAMIN A	5000 units		
BETA-CAROTENE			
THIAMINE (B ₁)	1.5 mg	30 mg	1.5 mg
RIBOFLAVIN (B ₂)	1.7 mg	10mg	1.7mg
NIACINAMIDE	20 mg	20 mg	20 mg
PANTOTHENIC ACID		25 mg	10 mg
PYRIDOXINE (B ₆)	2 mg	10 mg	10 mg
VITAMIN B ₁₂	6 mcg	25 mcg	6 mcg
BIOTIN			300 mcg
VITAMIN C	60 mg	600 mg	100 mg
VITAMIN D	400 units		
VITAMIN E	10 units	45 units	
VITAMIN K ₁			
FOLIC ACID	0.1 mg	0.5 mg	1.0 mg
IRON			
CALCIUM			
PHOSPHOROUS			
IODINE			
MAGNESIUM			
COPPER		3 mg	
MANGANESE			
POTASSIUM			
CHROMIUM			
MOLYBDENUM			
SELENIUM			
ZINC		23.9 mg	

COMPARISON OF "MULTIVITAMIN" PREPARATIONS...cont'd

	ORAL SOLID WITH MINERALS			
	CENTRUM FORTE ¹ TAB	CENTRUM SELECT ¹ TAB	MATERNA TAB	VITALUX Advanced ² Caplet
VITAMIN A	1000 units	1000 units	1000 units	
BETA-CAROTENE	3000 units	3000 units	2500 units	
THIAMINE (B ₁)	2.25 mg	2.25 mg	1.4 mg	
RIBOFLAVIN (B ₂)	3.2mg	3.2 mg	1.4 mg	
NIACINAMIDE	15 mg	15 mg	18 mg	
PANTOTHENIC ACID	10 mg	10 mg	6 mg	
PYRIDOXINE (B ₆)	5 mg	8 mg	1.9 mg	
VITAMIN B ₁₂	20 mcg	25 mcg	2.6 mcg	
BIOTIN	45 mcg	45 mcg	30 mcg	
VITAMIN C	90 mg	90 mg	85 mg	250 mg
VITAMIN D	600 units	600 units	400 units	
VITAMIN E	50 units	75 units	30 units	200 units
VITAMIN K ₁	25 mcg	25 mcg		
FOLIC ACID	0.6 mg	0.6 mg	1 mg	
IRON	10 mg	4 mg	27 mg	
CALCIUM	200 mg	200 mg	250 mg	
PHOSPHOROUS	125 mg	125 mg		
IODINE	0.15 mg	0.15 mg	0.22 mg	
MAGNESIUM	50 mg	50 mg	50 mg	
COPPER	1 mg		1 mg	1 mg
MANGANESE	5 mg	5 mg	2 mg	
POTASSIUM	80 mg			
CHROMIUM	35 mcg	100 mcg	30 mcg	
MOLYBDENUM	45 mcg	45 mcg	50 mcg	
SELENIUM	55 mcg	55 mcg	30 mcg	
ZINC	7.5 mg	3 mg	7.5 mg	40 mg
LUTEIN	0.5 mg	0.5 mg		5 mg

¹also contains licosene 600 mcg

²also contains zeaxanthin 1 mg

COMPARISON OF "MULTIVITAMIN" PREPARATIONS cont'd

	ORAL LIQUID		PARENTERAL	
	WAMPOLE BRAND (15 mL)	MALTEVOL -12 (15 mL)	MULTI-1000 (MVI) (10 mL)	MULTI-12 (10 mL) (TPN Use)
VITAMIN A	500 units	2000 units	10,000 units	3300 units
BETA-CAROTENE	257 units			
THIAMINE (B ₁)	0.8 mg	1.5 mg	45 mg	3 mg
RIBOFLAVIN (B ₂)	1 mg	1 mg	10 mg	3.6 mg
NIACINAMIDE	10 mg	10 mg	100 mg	40 mg
PANTOTHENIC ACID	6.5 mg		26 mg	15 mg
PYRIDOXINE (B ₆)	0.5 mg	1 mg	12 mg	4 mg
VITAMIN (B ₁₂)	6 mcg	4.7mcg		5 mcg
BIOTIN	15 mcg			60 mcg
VITAMIN C	90 mg		1000 mg	100 mg
VITAMIN D	300 units	133 units	1000 units	200 units
VITAMIN E	25 units	8.3 units	10 units	10 units
FOLIC ACID	0.05 mg			0.4 mg
IRON		11.25 mg		
ETHANOL		16%		
CALCIUM				
PHOSPHOROUS				
IODINE				
MAGNESIUM				
COPPER				
MANGANESE				
POTASSIUM				
CHROMIUM				
MOLYBDENUM				
SELENIUM				
ZINC				