

Lipid Lowering Medication Comparison

Drug	LDL	HDL	Triglycerides
Statins	↓ (20-60%)	↑ (5-15%)	↓ (7-30%)
Fibrates	↔ or ↓ (5-20%)	↑ (10-20%)	↓ (20-50%)
Cholestyramine/ Resins	↓ (15-30%)	↑ (3-5%)	↔ or possible ↑
Niacin	↓ (5-25%)	↑ (15-35%)	↓ (20-50%)
Ezetimide	↓ (18%)	↔ or ↑ (1.3%)	↓ (6%)
Omega-3	↔ or ↑	↔ or ↑	↓ (up to 44%)

References: Rx files, 8th edition; Metabolism 2004;53:153-8.