

**Purpose:** To assist nurses to stagger the next parenteral medication administration time to return to standard dosing times.

**Note:** This is just a tool, always use nursing judgement when adjusting parenteral therapy times.

- Standard dosing times:**
- Q4H – 0200, 0600, 1000, 1400, 1800, 2200
  - Q6H – 0600, 1200, 1800, 2400
  - Q8H – 0600, 1400, 2200
  - Q12H – 1000, 2200

Heparin 5000 units subcutaneous ordered as TID or Q8H = 08-16-22

**Exclusions:** Chemotherapeutic Agents, Diuretics, Immunosuppressives (CYCLOsporine, mycophenolate, tacrolimus), vancomycin

First Dose or Previous Dose Given at:	Next Dose to be Given at (choose frequency):			
	Q4H	Q6H	Q8H	Q12H
01:00	04:00	06:00	08:00	12:00
02:00	06:00	07:00	08:00	12:00
03:00	06:00	08:00	10:00	14:00
04:00	07:00	11:00	10:00	14:00
05:00	08:00	12:00	14:00	18:00
06:00	10:00	12:00	14:00	20:00
07:00	10:00	12:00	14:00	20:00
08:00	11:00	13:00	14:00	22:00
09:00	12:00	14:00	16:00	22:00
10:00	14:00	17:00	16:00	22:00
11:00	14:00	18:00	18:00	22:00
12:00	15:00	18:00	18:00	22:00
13:00	16:00	18:00	22:00	24:00
14:00	18:00	19:00	22:00	24:00
15:00	18:00	20:00	22:00	02:00
16:00	19:00	23:00	22:00	02:00
17:00	20:00	24:00	24:00	06:00
18:00	22:00	24:00	24:00	08:00
19:00	22:00	24:00	02:00	08:00
20:00	23:00	01:00	02:00	10:00
21:00	24:00	02:00	06:00	10:00
22:00	02:00	05:00	06:00	10:00
23:00	02:00	06:00	06:00	10:00
24:00	03:00	06:00	06:00	10:00