

## VA - ORAL MEDICATION DOSING TIMES STANDARDIZATION GUIDELINES

<b>daily 08</b>	01 02 03 04 05 06 07 wait until 08	<b>08</b> 09 10 11 12 13 14 15 16 17 18 19 give now and repeat at 08 next day unless patient has already had dose for the day	20 21 22 23 24 wait until 08						
<b>bid 08 21</b>	01 02 give now, repeat at 08	03 04 05 06 07 wait until 08	<b>08</b> 09 10 11 12 13 14 give first dose now, repeat at 21	15 16 17 18 19 20 wait until 21	<b>21</b> 22 23 24 give now, repeat at 08				
<b>tid 08 17 21</b>	01 02 give first dose now, repeat at 08	03 04 05 06 07 wait until 08	<b>08</b> 09 10 11 12 give first dose now, repeat at 17	13 14 15 16 wait until 17	<b>17</b> 18 Give first dose now, repeat at 21	19 20 wait until 21	<b>21</b> 22 23 24 give first dose now, repeat at 08		
<b>qid 08 12 17 21</b>	01 02 give first now, repeat at 08	03 04 05 06 07 wait until 08	<b>08</b> 09 give first dose now, repeat at 12	10 11 wait until 12	<b>12</b> 13 14 give first dose now, repeat at 17	15 16 wait until 17	<b>17</b> 18 give first dose now, repeat at 21	19 20 wait until 21	<b>21</b> 22 23 24 give first dose now, repeat at 08
<b>q4h 02 06 10 14 18 22</b>	01 <b>02</b> 03 04 give first now, repeat at 06	05 <b>06</b> 07 08 give first now, repeat at 10	09 <b>10</b> 11 12 give first now, repeat at 14	13 <b>14</b> 15 16 give first now, repeat at 18	17 <b>18</b> 19 20 give first now, repeat at 22	21 <b>22</b> 23 24 give first now, repeat at 02			
<b>hs 21</b>	01 02 03 04 05 06 07 08 give first now, repeat at 21	09 10 11 12 13 14 15 16 17 18 19 20 wait until 21	<b>21</b> 22 23 24 give first now, repeat at 21 next day						

### INSTRUCTIONS

1. Find appropriate dosing interval.
2. Locate window with the time of medication order and/or availability.
3. Follow window instructions for first dose.
4. Give all other doses following at the highlighted times.
5. May take up to 24hrs to adjust to standard dosing times if clinical situation dictates.

### DEFINITIONS:

"CLEAR WINDOW" is the time interval when a dose can be administered

"COLOURED WINDOW" is the time interval to wait until the next dosing time to give a dose

"HIGHLIGHTED HOUR" is the standard dosing time for scheduled drugs

### EXCEPTIONS:

Warfarin – give at 1700 hr

Once daily oral antibiotics ordered between 2000 & 0700 (give 1<sup>st</sup> dose now)

**See medication exception table for all other exceptions**

### MEDICATION DOSING TIMES:

There is an allowance of +/- 60 minutes around the scheduled time.

Oral medication orders written as q12h, q8h, q6h will be changed to bid, tid, and qid except those on exceptions list